



FIND YOUR FIRE

What is MOPS?

MOPS stands for Mothers of Preschoolers. MOPS is a caring network of moms, with children from birth to kindergarten, helping moms to be better moms through trusted resources and supportive relationships.

MOPS is a grassroots movement that believes moms are world influencers. We also believe that incubating hearts and giving just-because hugs can change the course of history. That's why we connect moms all over the world to a community of women in their own neighborhoods who meet together to laugh, cry and embrace the journey of motherhood.

A MOPS group is an open, accepting place for all mothers to experience authentic community, personal growth, practical help and spiritual hope.

MOPS is about

- Celebrating Motherhood
- Meeting Needs
- Making Connections
- Experiencing God's love through relationships and resources

Life Fellowship MOPS

Life Fellowship MOPS has been chartered by MOPS International, and although our MOPS group has a unique personality, there are several principals upon which all MOPS groups are built:

- **Community:** Life Fellowship MOPS will provide an open, caring and accepting atmosphere where we can come together to share this important season of life
- **Mentoring:** Mothers of Preschoolers are new parents. Many times we long to walk with someone who has been down that road before. A MOPS Mentor is an experienced woman who helps new moms grow personally and as a parent. A mentor shares her wisdom in practical and meaningful ways to fulfill the varied roles of mother, woman and wife

- **Practical Instruction:** Although the teaching format of the topics are given from a Biblical perspective, MOPS is not a Bible study. Whether MOPS moms attend a local church or not, MOPS moms will find that the topics are relevant, practical and interesting
- **Leadership Development:** Not only are MOPS groups specifically organized for mothers of preschoolers, the meetings are run by mothers of preschoolers who gain confidence in their leadership skills through training and experience they receive through the ministry

What to expect at a MOPS meeting?

Breakfast - We can't meet without food and coffee!

Curriculum - Most meetings will have a topic of discussion through a live speaker or video provided by MOPS international

Fellowship - Local moms...friends to talk to, laugh with, share advice with and be encouraged. You are not alone!

Crafts - Fun and easy crafts, even for the less creative of us

Childcare - During meetings your little ones will be cared for by amazing MOPS Kids staff, so you can relax and have a whole conversation while your coffee is still hot!

Play Dates - We want to get to know you and your little ones, too! Join us for organized monthly play dates like story time, pumpkin patches and park days

Mom's Night Out - Sometimes moms just need a girl's night out. We plan one almost every month

2018-2019 Schedule & Fees

We are excited about our new 2018-2019 year. We plan to have meetings the 1st and 3rd Thursdays of the month from September to May. We'll meet from 9:30 to 11:30 a.m. at Life Fellowship Church. Our scheduled meeting dates are as follows:

Sept 6	Nov 1	Feb 7	Apr 4
Sept 20	Nov 15	Feb 21	Apr 18
Oct 4	Dec 6	Mar 7	May 2
Oct 18	Jan 17	Mar 21	May 16

Our MOPS registration fee includes the MOPS International fee and is \$130 annually with childcare, or \$70 annually without childcare. You can split the cost into two semester payments of \$80 and \$50 with childcare, or \$50 and \$20 without childcare.

Our MOPS fee includes many fun activities and crafts, as well as, childcare for our meetings. We can't wait to get to know you!

To register, please visit the following link: [Register Here](#)

For more information contact our Coordinator:

Kristin Milks – MOPS@lifecharlotte.com

or click here to visit [MOPS INTERNATIONAL](#)

Find Your fire!

Every year MOPS comes up with a rallying cry; a concept that will guide our entire tribe of women for the year. This year, we're digging deeper into the idea of tending the fire in our hearts. This year's theme is ***Find Your Fire***.

Sisters, this is a year we will tend a fire in our own hearts. We will stop inhaling the fumes of our mistakes that tell us we are not enough... not a good enough mom, not pretty enough, not brave enough, not smart enough, not wealthy enough. Instead, we will choose to tend our God-given fire. We will love our children with an all-consuming love and use our words to warm the world.

We will hold the torch up high and...

When our homes feel cold, we'll light a fire
When a friend has lost her spark, we'll fan her flame
When the world seems dark, we will be an ember of hope

In order to do this, we will learn to...

Live expectantly
Surrender daringly
And breathe freely

Come explore this with us!

"Never let the fire go out... When you hope, be joyful. When you suffer, be patient. When you pray, be faithful. Share with God's people who are in need. Welcome others into your homes."

Romans 12:11-13

Find Us on the Web!

Facebook: [MOPS Life Fellowship - Facebook](#)

Instagram: [MOPS Life Fellowship - Instagram](#)